

MY SECRET SHAME

He who conceals his sins does not prosper, but whoever confesses and renounces them finds mercy. ~ Prov. 28:13

THE **BEGINNING** OF SHAME

The man and his wife were both naked, and they felt no shame.
Genesis 2:25

Then the eyes of both of them were opened, and they realized they were naked; so they sewed fig leaves together and made coverings for themselves. 8 Then the man and his wife heard the sound of the LORD God as he was walking in the garden in the cool of the day, and they hid from the LORD.... ~ Genesis 3:7-8

WHAT ARE YOU ASHAMED OF?

SATAN'S SHAMEFUL CYCLE

- YOU EXPERIENCE SOMETHING DEEPLY **PAINFUL**.
- YOU CONNECT WHAT HAPPENED WITH **WHO** YOU ARE.
- YOU BECOME A **PRISONER**, TORMENTED BY YOUR **PAST**

JUDAS: Matthew 27:3-5

PETER: Matthew 26:75

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For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds.

~ 2 Corinthians 10:3-4

***ochuroma* (okh-oo'-ro-mah); to fortify, a prisoner locked by **deception**.**

We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

~ 2 Corinthians 10:5

Discussion Questions

BREAKING FREE

- YOU CAN'T CHANGE THE **PAST**.

"While the child was still alive, I fasted and wept. I thought, 'Who knows? The LORD may be gracious to me and let the child live.' But now that he is dead, why should I fast? Can I bring him back again?

~ 2 Samuel 12:22-23

- CHRIST CAN CHANGE YOUR **FUTURE**.

And we know that in all things God works for the good of those who love him, who have been called according to his purpose. ~ Romans 8:28

"Yet if you devote your heart to (God) and stretch out your hands to him, if you put away the sin that is in your hand and allow no evil to dwell in your tent, then you will lift up your face without shame; you will stand firm and without fear. You will surely forget your trouble, recalling it only as waters gone by...

~ Job 11:13-16

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Discussion Questions

**1) What are you ashamed of?
(Please be honest but not overly graphic.)**

**2) Is there something in your past you need to release to
God?**

Discuss.

**3) How can God turn your past hurts into something for
His good?**