

*He who conceals his sins does not prosper, but whoever confesses and renounces them finds mercy.* Proverbs 28:13

## FACE THE TRUTH ABOUT YOUR LIES

\_\_\_ I lie occasionally.

\_\_\_ I lie often.

\_\_\_ I'm living a lie.

## GOD **HATES** LYING

*The LORD detests lying lips, but he delights in men who are truthful.*

~ Proverbs 12:22

tow` ebah (to-ay-baw'); something disgusting; an abhorrence; to make **nauseous**.

*...(Satan) was a murderer from the beginning, not holding to the truth, for there is no truth in him. When he lies, he speaks his native language, for he is a liar and the father of lies.* ~ John 8:44

- Satan wants you to **believe** his lies.
- Satan wants you to **tell** lies.
- Satan wants you to **live** a lie.

*"If you hold to my teaching, you are really my disciples. Then you will know the truth, and the truth will set you free."* ~ John 8:31-32

- **WHY DO YOU LIE?**
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- **ROBERT'S REASON FOR LYING: I LIE BECAUSE I DON'T COMPLETELY **TRUST** GOD.**

### **Table discussions:**

- 1) Identify the main reason you lie. (Don't lie. 😊)
- 2) What do you need to confess?
  - Is it to God?
  - Or to someone?

## **THE TRUTH WILL SET YOU FREE**

### **1) CONFESS TO **GOD** AND RECEIVE HIS **FORGIVENESS**.**

*If we confess our sins, (God) is faithful and just and will forgive us our sins and purify us from all unrighteousness. ~ 1 John 1:9*

### **2) CONFESS TO THE APPROPRIATE **PEOPLE** SO YOU'LL BE **HEALED**.**

*Therefore confess your sins to each other and pray for each other so that you may be healed. ~ James 5:16*

- **Honesty means that everything you say must be **true**, not that everything true must be **said**.**
- **Could the short term pain caused by your confession lead to deeper **intimacy**?**

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