



“Communion”

For I received from the Lord what I also passed on to you: The Lord Jesus, on the night He was betrayed, took bread, and when He had given thanks, He broke it and said, “This is My body, which is for you; do this in remembrance of Me.” In the same way, after supper He took the cup, saying, “This cup is the new covenant in My blood; do this, whenever you drink it, in remembrance of Me.” For whenever you eat this bread and drink this cup, you proclaim the Lord’s death until He comes. Therefore, whoever eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of sinning against the body and blood of the Lord. A man ought to examine himself before he eats of the bread and drinks of the cup. For anyone who eats and drinks without recognizing the body of the Lord eats and drinks judgment on himself. That is why many among you are weak and sick, and a number of you have fallen asleep. But if we judged ourselves, we would not come under judgment.” (1 Corinthians 11:23-31, NIV)

I. Introduction

There are two sacraments. One is communion the other is baptism.

“for all have sinned and fall short of the glory of God,” (Romans 3:23, NIV)

“For whenever you eat this bread and drink this cup, you proclaim the Lord’s death until He comes.” (1 Corinthians 11:26)

“Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit,” (Matthew 28:19, NIV)

Is this a mere ritual? Does it hold relevant significance to us today?

II. Purpose of **COMMUNION**

A. **REMEMBRANCE**

For I received from the Lord what I also passed on to you: (1 Corinthians 11:23a)

B. **THE SETTING**

The Lord Jesus, on the night He was betrayed, (1 Corinthians 11:23)

III. The Significance of the **BREAD**

The Lord Jesus, on the night He was betrayed, took bread,²⁴ and when He had given thanks, He broke it and said, "This is My body, which is for you; do this in remembrance of Me." (1 Corinthians 11:23-24)

IV. The Cup and the new **COVENANT**

In the same way, after supper He took the cup, saying, "This cup is the new covenant in My blood; do this, whenever you drink it, in remembrance of Me." For whenever you eat this bread and drink this cup, you proclaim the Lord's death until He comes. (1 Corinthians 11:25-26)

V. **SELF PREPARATION** for Communion

Therefore, whoever eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of sinning against the body and blood of the Lord. A man ought to examine himself before he eats of the bread and drinks of the cup. (1 Corinthians 11:27-28)

VI. Consequences of "**UNWORTHY**" Communion

For anyone who eats and drinks without recognizing the body of the Lord eats and drinks judgment on himself. That is why many among you are weak and sick, and a number of you have fallen asleep. But if we judged ourselves, we would not come under judgment. When we are judged by the Lord, we are being disciplined so that we will not be condemned with the world. (1 Corinthians 11:29-32)

- a) By **IGNORING** it rather than **OBEYING** it
- b) By participating by going **THROUGH THE MOTIONS**
- c) By giving it **SPIRITUAL SIGNIFICANCE** it does not have
- d) By refusing to repent of **SIN**

VII. Why **HEARTBEAT OFFERING** each month?

"When you come together, it is not the Lord's Supper you eat, for as you eat, each of you goes ahead without waiting for anybody else. One remains hungry, another gets drunk. Don't you have homes to eat and drink in? Or do you despise the church of God and humiliate those who have nothing? What shall I say to you? Shall I praise you for this? Certainly not!" (1 Corinthians 11:20-22)